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# Site To Download Motherhood Of Mess Joyful The Embracing Mom Me Calling They Are Why And Children These All Are Who

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**THE GIFT OF A HAPPY MOTHER**

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**LETTING GO OF PERFECTION AND EMBRACING EVERYDAY JOY**

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*Penguin A supportive guide that gives busy moms permission to care for themselves, from a popular parenting blogger with one million Facebook followers "Would you rather have a perfect mom, or a happy one?" This is the question that popular parenting blogger Rebecca Eanes couldn't get out of her head. So she asked her school-age son, who didn't miss a beat in responding: "A happy one." Thus began a journey of reflection and repair work, as Rebecca asked herself an even harder question: How can I rediscover everyday joy amid the chaos of schedules, homework, and housework--not to mention the guilt, comparisons, loneliness, fear, and overwhelm? In other words, how can I become a happy mom again? In this relatable guide, Rebecca walks readers through the process of getting back to happy, for your own sake as well as your family's. Going beyond the usual advice about finding balance, embracing gratitude, and not sweating the small stuff, her hard-won advice is written by a busy mom in the trenches. Topics include: \* Letting go of perfection (or anything close to it) \* Making peace with the past--including the pain of disappointment, loss, and the roads not taken \* Tuning in to your own wants and needs--and tuning out the comparisons, "shoulds," and noise of social media \* Finding magic in the mess \* Choosing joy over fear and worry \* Creating healthy*

boundaries so that everyone in your life can thrive (including you!) Filled with fresh insights, simple strategies, and aha moments, this is that rare book you'll want to read, share, and return to for a booster shot of confidence, connection, and joy.

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## **WHO ARE ALL THESE CHILDREN AND WHY ARE THEY CALLING ME MOM?**

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### **EMBRACING THE JOYFUL MESS OF MOTHERHOOD**

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*Charisma Media Psst...over here! I'm hiding out in the laundry room eating dark chocolate. Got a sec? Good. I was wondering, is it just me, or do you sometimes find it really hard to be a mom? Faith Bogdan never planned to have children, but within six years, she had four. Who Are All These Children and Why Are They Calling Me Mom? is the story of Faith's journey to fully embrace unexpected motherhood as, little by little, God revealed the heart issues that prevented her from relishing the role He'd called her to fulfill. Whether you're a mom to tots or teens, Faith offers real hope for change and concrete guidance to help you navigate the joyful, messy, and sometimes overwhelming challenges of motherhood.*

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## **WHO ARE ALL THESE CHILDREN AND WHY ARE THEY CALLING ME MOM?**

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### **EMBRACING THE JOYFUL MESS OF MOTHERHOOD**

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*Charisma Media Struggling with motherhood—and feeling guilty on top of it? Faith Bogdan gives you guidance and hope to be the person, and the mom, you were made to be.*

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## **MOMMY'S IN TIME OUT**

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*Createspace Independent Publishing Platform Uh-oh, Mommy's in "Time Out!" She lost her temper and yelled, and now a child is crying because of Mommy's mean and ugly words. Mommy is "Someone's little girl, too," and when she misbehaves and gets herself in trouble, it's "Time Out" on the double! There, God talks to her about her actions, and about His love in spite of those actions. This unique, read-aloud, rhyming tale is for kids with moms who are short on patience and long on guilt. Reading it together will strengthen--even heal--parent/child relationships, and foster an understanding of the unconditional love God has for all of us, even when He has to put us in "Time Out." The book includes "The Author's Story" at the end, for any adult who struggles with guilt. Readers who are familiar with Faith's book for moms, "Who Are All These Children and Why Are They Calling Me Mom?," will be delighted to know the illustrator of this book is Faith's daughter Sarah.*

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## **YOU'VE GOT THIS, MAMA: A MOTHER'S GUIDE TO EMBRACING THE CHAOS AND LIVING AN EMPOWERED LIFE**

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*Golden Brick Road Publishing House Inc. You've Got This, Mama: A Mother's Guide To Embracing The Chaos And Living An Empowered Life is a beautiful collection of heartwarming and inspiring stories told by the real mamas who experienced them.*

Let's face it, motherhood is the hardest job you'll ever love, and it is not meant to be braved alone. It takes a village, right? There is no greater comfort than knowing you're not alone. One, if not many, of these gorgeous souls will provide you with that. We can be your village, and lucky for you, we fit in your diaper bag. This book, much like motherhood, is full of emotion, joy, sadness, excitement, hardships, love, and beautiful chaos. Our authors share their most intimate journeys and reflections with you in hopes to empower and provide you the judgment-free support we all deserve. We will help you up when you've fallen, shine a light during those dark times, and fan out your cape for you, Supermom. The mama tribe is here to help you take motherhood by the horns and if nothing else, prove to you, yes indeed, you've got this!

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## **THE MOTHER LETTERS**

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### **SHARING THE LAUGHTER, JOY, STRUGGLES, AND HOPE**

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Revell After his wife Amber had given birth to three boys in three years, Seth Haines saw that she needed encouragement in the day-to-day drama and details of motherhood. Secretly collecting nearly six hundred wise, honest, and sometimes hilarious letters from other mothers across the world, Seth compiled these "mother letters" as a gift for her. Amber and Seth have chosen the best of those letters-- including letters from some of the most influential writers and bloggers online today-- to include in a beautiful book perfect for the mother in your life. Each mother-to-mother letter offers encouragement, advice, and vulnerable honesty about the struggles and joys of motherhood. These letters show that no matter how many times mothers feel like they've failed, they are still doing their greatest work. So for the mom who thinks she's the only one out there who just can't find time for a shower, Mother Letters shows her that she's part of a grand and diverse group of strong women who are saying to her, "Me too. But we can do this."

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## **BECOMING A SMARTER MOM**

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### **7 PRINCIPLES OF CALM, HAPPY, CONFIDENT MOTHERHOOD**

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Morgan Reece invites you to embrace your messy journey in all its glory and discover the transformative power of ownership. Just like you, Morgan longs to be the best mom her kids could have. Fancy cars and exotic places have never been on her bucket list, but less chaos and more sleep sure have. "How," Morgan wondered, "was my mom so cheerful while I've often been too anxious to rest, too exhausted to smile? What did a single mom in the 70s know about motherhood that kept her sane and happy despite divorce, social ostracism, recessions, and four hungry mouths to feed? How was it even possible?" In *Becoming a Smarter Mom*, Morgan invites you to discover timeless truths that have been there all along, from Genesis to Revelation, from Aeschylus to Zigar. A way of seeing that opens your eyes to the extraordinary power of ordinary moments, and a way of choosing that recognizes the potential for joy that lies within each of us. It's only when we have a right view of ourselves and others -- understanding where our responsibilities begin, and where they end -- that we will finally be able to jump off the hamster wheel of perfectionism and enjoy the

feast of joy before us. *Becoming a Smarter Mom* explores seven keys to raising successful children that were handed down to Morgan by her mother. These keys will help you love, guide, protect, and enjoy your children... and do the same for yourself. The seven keys are: *Significance: how to really love your child in ways that make them feel important (and how to celebrate your own intrinsic value) Understanding: how to correct children respectfully, influence teens, and what to do when they blow it big time Culture: how to use the power of habit for smoother days to make your house a home (and make better choices) on autopilot Confidence: how to raise successful children by giving them a growth mindset (and how to dream big for yourself) Encouragement: how to raise positive kids and use affirmations and wise words to wire everyone in your home for success -- including yourself Safety: how to protect your child's physical, mental, and spiritual well being and prevent child abuse (and how to stay mentally strong) Self-Acceptance: how to get along with difficult people and love them in spite of our differences (and embrace your own messy journey with compassion and grace)* The life lessons are given in short, easy-to-read vignettes because, let's face it, ain't none of us busy moms that's got time for *War and Peace*. This is not a book to be savored over crumpets and tea. It's a pep talk and a hug for battle-weary soldiers so you can live fully, joyfully, gloriously present in a war zone of mucus, mud, and hormones... it's the perfect book for new moms and seasoned veterans alike. Let Morgan's compassionate, inspiring stories of everyday epiphanies give you a way of seeing beyond your "To Do" list to what matters most, a way of being present with your family that gives you freedom to relax, and a way of living that is ripe for joy. Are you ready to love yourself, your life, and your family, in all their messy glory? You can, by becoming a Smarter Mom!

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## **FIERCE JOY**

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### **CHOOSING BRAVE OVER PERFECT TO FIND MY TRUE VOICE**

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*Mango Media Inc. Reclaim Your Life and Choose Joy Over Fear Learn to find joy in every day: Susie Rinehart seemed to have it all—two beautiful kids and a loving husband, a job where she was respected as a leader, and medals as an ultramarathon champion. Then she found out that a tumor on her brainstem threatened to take away her voice...and her life. With so much at stake, Susie had to rethink how she wanted to live. Fierce Joy is the incredible story of one woman who learned to shed perfection and find joy in every day. Brave is better than perfect: So many of us grew up believing that achievements would lead to love and acceptance. Just ace that test, win that race, get that job, and happiness will follow. But it's hard to arrive at happiness when we're motivated by fear. When she faced losing everything, Susie learned to choose joy over fear, and brave over perfect. Find strength in your voice: This incredible story is about healing, rediscovering yourself, and becoming a warrior in a new way. For anyone who has lost their voice in the never-ending struggle to please others, Susie offers hope. In each section of the book she offers a series of takeaways—lessons she learned when life forced her to slow down and step back. Readers of Fierce Joy will:*

- Learn how to overcome fear and choose joy
- Stop trying to be perfect and choose to be brave
- Learn to slow down and enjoy life
- Become a warrior for healing and happiness

*Fierce Joy is a*

memoir perfect for readers who loved *The Unwinding of the Miracle*, *Love Warrior*, and *Risking the Rapids*.

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## **WELLBEING IS ESSENTIAL JOURNAL**

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### **365 HEALTH AND HAPPINESS PROMPTS FOR MOTHERS OF LITTLE ONES**

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*The ultimate guided journal for mothers in their first few years of embracing the gloriously wonderful messy mystery of motherhood. This simple and yet profoundly effective guided journal book will inspire you to create space in your life for self-reflection and rediscovery. It is filled with 365 writing prompts and questions that will help you hear your own truth and wisdom. The questions are designed to promote personal and family transformation and empower you to use the power of writing to be a more conscious, present and joyful person... and of course mother. Some prompt examples include: What wisdom have you learned from being a mother? What would you like to enjoy more in your life? What words would you most like to reach for when you are frustrated with your child? How do you feel about other people's birth stories? How do you feel about yours? All babies roll, crawl, pull themselves up, hold onto things, and stumble a lot before they walk. As a mother, as you experience new things and learn, are you allowing yourself to take the baby steps you need to? Are you celebrating your progress? Is there a community around you that you can depend on? What three words describe your relationship with your body right now? What are you most grateful for about your body?*

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## **CYCLOPAEDIA OF AMERICAN LITERATURE EMBRACING PERSONAL AND CRITICAL NOTICES OF AUTHORS, AND SELECTIONS FROM THEIR WRITINGS, FROM THE EARLIEST PERIOD TO THE PRESENT DAY WITH PORTRAITS, AUTOGRAPHS, AND OTHER ILLUSTRATIONS**

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New York : C. Scribner

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## **HE CAME BACK FOR ME**

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*Xulon Press He Came Back For Me is a story of life to weave a beautiful tapestry that resulted in forgiveness, reconciliation, the transformation of a dysfunctional family, and the reunion of a lifetime.*

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## **EMBRACE**

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## **THE CHILD WITHIN**

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*Dorrance Publishing Embrace: The Child Within By: Rose La Rose Embrace the Child Within tells the story of four-year-old Graci, a lively, precocious child who witnesses a crime that causes her to "leave herself" and dissociate. The book opens with events that throw her into a lengthy tailspin of dissociation and keep her in a constant state of survival mode, not knowing who she is for over three decades. The secret of the crime is the driving force in the story that explores how this trauma silenced her and took her identity away. Then, disowned and abandoned by her family at age*

nineteen, Graci embarks on a long, arduous journey, unaware of her dissociation. Fueled with tenacity, resilience, and the ever-burgeoning self, she takes on the battle to discover herself all alone in the world. As a result of her trauma, Graci faces many struggles that she must overcome even when she goes through life not knowing who she really is. Eventually the truth in its entirety unfolds for Graci, except for one missing piece that proves key for helping to resolve her dissociation. No matter how old a crime is, it's never too late to tell the truth.

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## **PORTAL TO THE DREAMTIME**

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*Xlibris Corporation A true story which validates the reality of spirit. It shows how spirit can influence us in many ways that lead us to making the best choices and achieving the best outcomes. By understanding and embracing spirit, we realise we are not separate, and we become more empowered, more creative and more fulfilled. We leave behind our fears and move into a new love based reality. Wharumbidgi is the guardian spirit of the Sacred Site of the Sleeping Serpent. He reveals the wisdom of the original inhabitants of Australia, and explains how an etheric portal was created by the power of love.*

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## **INFAMOUS**

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*The Wild Rose Press Inc Justine Montgomery, daughter of a divorced beauty queen and TV magnate, is a tabloid disaster after her infamous sex tape. She's so desperate to help save her family's home she turns to her deal-making dad. Can she prove to him she's cut out for a career in television or will she lose it all? Sawyer has his own past and a successful career is his only goal. Seeing Justine fail would mean the promotion of a lifetime, but things get complicated when he develops feelings for her. Suddenly, the lines between work, life, sex, and love are blurry. They will have to overcome the bitterness of a rejected ex, the controlling actions of her father, and the half-truths they're telling one another to forge a lasting partnership both on the job and off the clock.*

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## **THINGS I LOVE (AND NOT SO MUCH) ABOUT BEING A MOM**

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## **MOTHERHOOD REFLECTIONS AND MEMORIES JOURNAL**

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★ *Motherhood is joyful, but it is also hard and messy!* ★ *This is a blank / lined journal for moms to write about motherhood experiences - good and bad days - and make the most out of all of their days. We created this journal aiming to support fellow moms and to normalize what is normal! How you can use this journal: ♦ When you have a great day, those that makes us feel like "super moms" (eg. when there's harmony, excitement and/or when we find support), write about the many good things that exist in your life. The writing moment will make you savor the joy of motherhood and gratitude in your heart, and that will make you feel even more motivated. ♦ And on "bad days", ie. those days when we feel down, undervalued and/or have challenging feelings, we encourage you to write about all of this, too. Write about how you feel and about what made you feel that way. Writing will help you to relax, embrace your feelings with compassion and often make you look at*

things from another perspective. On these challenging days, it may be also good to re-read some of the pages that you wrote during "super mom" great days. That will help you remember what makes you happy and excited about being a mother, and will remind you that the "not so good" days will pass, and many other days full of joy and love are yet to come! ♦♦♦♥ This journal is a great gift to any mom. The tired mom. The overwhelmed mom. The new mom. The mom struggling with child behavior. The mom of a child with special needs. The adoptive mom. The immigrant mom lacking family support. The teenager mom navigating challenges. ✓ This journal can help moms "pause" to reflect, release stress, plan for their days a bit and/or save some memories. Regardless of the situation, this journal will bring a little bit of reflection and intentionality in the busy life of a mama! ✓ And it will be a constant reminder that motherhood has both sides, the joyful and the tiring - and this is normal! ✓ Besides journaling about their days, thoughts and feelings, since this is a blank journal, moms can simply use it as a notebook (and write reminders, lists, class notes). One way or another, we hope that it will bring inspiration, compassion, self-love and a bit of organization into the motherhood experience (and into many moms lives!). We all deserve that! Ps. If you want to check other options of Journals focused on personal development, mental health and education, just click on "A Day to Remember" above (ie. Author name on Amazon) to check our selection. You will have access to our full collection of journals and even our contact information. We release new journals weekly, so we invite you to come back often!

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## GETTING PAST PERFECT

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### HOW TO FIND JOY AND GRACE IN THE MESSINESS OF MOTHERHOOD

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*Ave Maria Press Winner of a 2018 Catholic Press Association Award: Family Life. (Second Place). Do you ever feel like a raging tsumani, running through the house like a whirlwind and yelling at the top of your voice while the kids drag their feet and fight with one another as you desperately try to find lost shoes and get out the door on time? Overwhelmed, over-extended, and guilt-plagued? With honesty, humor, and practical wisdom, Getting Past Perfect helps moms overcome Pinterest-inspired perfectionism by replacing your deepest fears and anxieties with a steady trust in God and the freedom to love authentically. If you have ever felt that you were not "enough" as a wife or mom, or if you're someone who struggles to do it all, Getting Past Perfect offers a realistic and reassuring portrait of Catholic womanhood, placing motherhood in the context of every woman's primary role as a child of God. Kate Wicker—journalist, popular speaker, and author of the highly-acclaimed Weightless—shares how she shook off doubt and negative self-perception, finding self-acceptance as a mom and the desire to stop controlling everyone around her. Getting Past Perfect invites you to make this same journey as you learn to embrace the primacy of your role as a daughter of God, even amidst the daily chaos of raising children. Each chapter is designed to debunk the lies and expectations that moms often face, replacing negative self-perceptions with the truths of a woman's true calling. Wicker, a recovering perfectionist, helps you realize: It is perfectly normal to feel like you're in over your head sometimes. You can stop obsessing about what other people think and start focusing on loving yourself and your kids just as you are.*

Your primary jobs are to let God love you and to love him back. Nurture your prayer life and make time to remember that you are first a daughter of God. It's important to practice self-care no matter your stage in life. Wicker openly shares how she unwittingly transferred her preoccupation with having the perfect body to being the perfect parent. By honestly sharing her mistakes and triumphs in the trenches of motherhood, Wicker reveals several common falsehoods mothers tell themselves in different seasons of their lives and how speaking the truth can liberate women to become better parents and the truest versions of themselves. Whether you're dealing with endless "why?" questions, unexpected potty emergencies, or even the unanticipated change of a new pregnancy, *Getting Past Perfect* will help you learn how to lean into God's abiding grace. By closing each chapter with a simple reflection question and prayer, this book provides the tools you need to embrace the messy realities of family life and to emerge from feeling overwhelmed to knowing that you are first and foremost a daughter of God.

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### **JULIAN TREASURES BOOK ONE: NINA'S NICHE**

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*Desert Breeze Publishing In Living back at home with her father, the pastor of the church in the small town of Julian, CA, it's hard to be bad, but she checks body piercing, (bad idea) getting drunk, (worse idea) and dating Jake (great idea) off her list. Jake's tired of that bad boy label even though he does still ride his Harley. He's helping the town and himself by establishing a new business, a Harley agency. He wants more than a fling with Nice Nina so he works hard on the town food drive, collects toys for tots and helps Nina reconnect with her long lost sister. He even helps her find her niche as Nice and Sexy Nina. & ;*

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### **AHP 47 PLATEAU NARRATIVES**

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### **ASIAN HIGHLANDS PERSPECTIVES VOLUME 47**

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ASIAN HIGHLANDS PERSPECTIVES PLATEAU NARRATIVES 2017. AHP 47 features "Memories and Experiences" (six texts), "Beloved Animals" (ten texts), "Folktales" (thirteen texts), "A rig grad po" (four texts), "Uncle Ston pa" (thirty-five texts), and "Short Stories" (two texts). These texts range from a lengthy biographical treatment of one contributor's paternal grandmother (1938-2016) to a one-page A rig rgad po account to new Uncle Ston pa (Aku/Akhu Dunba, Tonpa, Tompa) creations that tell of the infamous trickster visiting Xi'an City and Thailand. These narratives were provided and translated into English by Plateau residents. Two texts are also available in Minhe Mangghuer (Monguor) and an additional two texts are also given in Namuyi Khato. AHP 47 is available as an at-cost hardcopy at <http://www.lulu.com/shop/ahp-47/plateau-narratives-2017/hardcover/product-23137895.html> All AHP volumes are available for free download at <https://tibetanplateau.wikischolars.columbia.edu/Asian+Highlands+Perspectives>

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## FROM MY MOTHERS WOMB

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*Author House This book will help better understand the different relationships with ones family, friends and supervisors in life. To understand that there are problems that happen without a purpose and one must deal with one situation after the other and still keep positive to continue your travels through life.*

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## GOSPEL-CENTERED MOM

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## THE FREEING TRUTH ABOUT WHAT YOUR KIDS REALLY NEED

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*Multnomah It's Time to Stop Trying to Be the Perfect Mom You long to be the mom your kids need, but often you're convinced you come up short. The label "not enough" seems to be stamped across everything you do—and yet parenting is the one thing you want most to get right. What if the solution is simply to embrace the truth that you are not enough—but God is? In Gospel-Centered Mom Brooke McGlothlin reveals how our entire approach to motherhood shifts when we stop chasing our vision of a perfect family and start full-out pursuing God. With refreshing candor, Brooke examines the daunting task of raising children in the light of God's Word and challenges you to: · embrace your moment-by-moment need for Jesus ·*

release the stress of believing everything is your responsibility · learn to fight for rather than against your child · believe that the story God is writing with your life is worth the sacrifice · practice the daily disciplines that lead to Gospel-centered parenting As you learn to anchor your life in the Gospel, you'll find increased freedom, purpose, and joy in motherhood. And you'll discover that Jesus is more than capable of meeting every need, for your children and for you.

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## **MOTHER ON**

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Emma Heaphy - Early Motherhood

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## **MINDFUL MOM THREE-BOOK BOX SET**

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Simon and Schuster Three great books, one great price! Ali Katz is an Award Winner in the "Parenting & Family" category of the Best Book Awards, and a Bronze Medal Winner of the Living Now Book Awards This box set includes Ali Katz's Hot Mess to Mindful Mom series: Hot Mess to Mindful Mom, Get the Most Out of Motherhood, and One Minute to Zen --HOT MESS TO MINDFUL MOM: 40 Ways to Find Balance and Joy in Your Every Day-- For any mom who typically runs around with her hair on fire and needs a break! It's so easy to find yourself constantly overwhelmed or burned out in the hustle and bustle of society today. But it is important to slow down and take a minute to focus on the things that matter most—and the first step is to connect with yourself again. This book will show women that by caring for themselves first, they can better care for everyone they love. In her first book, Ali has woven together a compilation of all the tools she used to transform herself from "hot mess" to "mindful mom," and is divided helpfully into three parts: Everyday practices Tools used as needed Attitude adjustments made along the way Readers will learn how small tweaks and changes can lead to huge results, and that they too can leave stress behind in favor of calm and peace. With humor, grace, and an extremely relatable manner, Ali gives women the tools to make the same changes in their own lives. --GET THE MOST OUT OF MOTHERHOOD: A Hot Mess to Mindful Mom Parenting Guide-- Slow down and take time for yourself—because a better you is a better mom! The second book in the Hot Mess to Mindful Mom series will help moms create balance, peace, and well-being in their homes, leaving behind their old ways of being constantly stressed-out and frantic. Here Ali will guide women on how to embrace their best selves while parenting so they can strengthen relationships with their children, create systems in their homes that work, and actually enjoy doing it. It is divided into three parts: Mindful mom mindsets: bring your best self to parenting Mindful mom methods: systems for your home that work Mindful mom moments: ways to bond with your kids Easy and accessible, and filled with unique tools and ideas as well as personal examples that readers will relate to, this book will help moms go beyond the basics to build a healthier and happier family unit. --ONE MINUTE TO ZEN: Go From Hot Mess to Mindful Mom in One Minute or Less-- From the political climate to natural disasters, to managing the stress and overwhelm of everyday life, women have more to deal with than ever. Life feels overwhelming and exhausting much of the time. The third in our Hot Mess to Mindful Mom series, One Minute to Zen will provide numerous tools to help deal with stress in one minute, the

same amount of time it can take for all hell to break loose! When teaching moms across the country, while giving talks to corporations, and across Ali's thriving social media channels, people are asking for more tools to use quickly and effectively to help recover from the stress they face in daily life. Here, she's compiled a list of tools that make it possible to recalibrate, achieve balance, and recover from stress quickly and with ease, in order to live a more mindful and joyful life. Known for her authenticity and relatability, Ali shares personal stories and anecdotes to help connect her audience and show how to really put her suggestions to use.

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## **THE BETTER MOM**

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### **GROWING IN GRACE BETWEEN PERFECTION AND THE MESS**

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*Zondervan Mothering is messy. Our joy and hope in raising children doesn't change the reality that being a mom can be frustrating, stressful, and tiring. But just as God is using us to shape our children, God is using our children and motherhood to shape us. In The Better Mom, author Ruth Schwenk, herself a mother of four children, encourages us with the good news that there is more to being a mom than the extremes of striving for perfection or simply embracing the mess. We don't need to settle for surviving our kids' childhood. We can grow through it. With refreshing and heartfelt honesty Ruth emboldens moms to: Find freedom and walk confidently in purpose Create a God-honoring home environment Overcome unhealthy and destructive emotions such as anger, anxiety, and more Avoid glorifying the mess of mom-ing or idolizing perfection Cultivate life-giving friendships At the heart of The Better Mom is the message that Jesus calls us to live not a weary life, but a worthy life. We don't have to settle for either being apathetic or struggling to be perfect. Both visions of motherhood go too far. Ruth offers a better option. She says, "It's okay to come as we are, but what we're called to do and be is far too important to stay there! The way to becoming a better mom starts not with what we are doing, but with who God is inviting us to become."*

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## **SHATTERED EMBRACE: A NOVEL**

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### **(WOMEN'S FICTION, INTERNATIONAL ADOPTION)**

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*PRN Publishing Bethlehem took her first breath as her mother took her last. Left to survive in overcrowded orphanages, she developed survival skills rivaling a warrior, a fierce, independent fighter before she could walk or talk. Bethlehem lived by two rules: everyone leaves and trust no one. A world away in Canada, Tory Witcraft and her husband are trying to adopt from Ethiopia. When the adoption agency goes bankrupt, Tory's dreams of becoming a mother are threatened. Against the advice of many, including officials threatening to revoke the adoption, she goes to Ethiopia, and her new daughter, Bethlehem. When they finally meet, mother and daughter struggle to connect, both tormented by their own fears and demons. Emotions and tempers run hot. Hearts and dreams collide, shattering the new family. The adoption journey was difficult, but no one expected the hardest part of the journey would start after they met. An emotional and heart-wrenching glimpse into adoption and the devastating impact of childhood trauma. Keywords: childhood, women's fiction,*

family life, depression, grief, loss, PTSD, trauma, adoption, parenting, Ethiopia, Canada

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## **MAMA, YOU STILL MATTER**

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### **A MAMA'S GUILT FREE GUIDE TO PHYSICAL, MENTAL, AND SPIRITUAL SELF CARE**

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*Gatekeeper Press "Motherhood: the hardest, most rewarding job on the planet that grows us, teaches us, stretches us and fills our heart with more love than we could ever imagine. But what happens when we burn out? What happens when we lose our steam and feel as we have lost the woman we once were? What do we do when we feel as if we have nothing left to give? The answer is simple. We must stop putting ourselves last. We must remember that in order to love others and be the best mama we can possibly be, we must first nurture our mind, body and soul and let go of the guilt that surrounds us. We must confidently look in the mirror daily and remind ourselves "Mama, YOU Still Matter!"*

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## **MOMALOGUE, A JOURNEY THROUGH A SINGLE MOTHER'S HOOD**

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*Momologue*

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## **CHAOTIC JOY**

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### **FINDING ABUNDANCE IN THE MESSINESS OF MOTHERHOOD**

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*Revell If you're waiting to live abundantly until the house is tidy, your kids are clean and well behaved, and you have plenty of free time to pursue a glamorous hobby, you may be waiting awhile. However, you don't have to wait for things to settle down to live the good life, because motherhood--with all its chaos--is the abundance God promised In Chaotic Joy, you will discover how to experience abundant life in the midst of the madness and mess. Find out what's keeping you from the joy and satisfaction you dreamed being a mom would bring, and learn how to recognize God's hand of blessing even through countless diaper changes, toddler meltdowns, and thousands of important tasks that clamor for your attention. Motherhood can be chaotic, for sure. But it's meant to be so much more.*

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## **LIBERTY (NOT THE DAUGHTER BUT THE MOTHER OF ORDER) ...**

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### **A MOTHER'S STRENGTH**

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*Harlequin Will finding her son a friend lead to forever love? Single mom Molly Kane will do anything to help her son overcome his anxieties—including enlisting former police officer Sawyer Bradshaw to give him golf lessons. Sawyer's a loner, yet he quickly forms a bond with little Zack. And with Molly. But protecting Zack means Molly must keep her heart off-limits from Sawyer, even as her little boy draws them together... From Love Inspired: Uplifting stories of faith, forgiveness and hope. Wander Canyon Book 1: Their Wander Canyon Wish Book 2: Winning Back Her Heart Book 3: His Christmas Wish Book 4: A Mother's Strength*

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## **SAVAGE KING: THE COMPLETE SERIES BOX SET (1 - 3)**

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### **A SECOND CHANCE DARK MAFIA BOX SET**

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*Michelle St. James "Hot and intense to the very last word!!!" Farrell Black is dirty, dangerous, and holds nothing sacred. Growing up on the mean streets of London, he clawed his way to the top of a criminal empire with nothing but sheer force of will and the determination to need no one. Ever. Then he met Jenna Carver, and all bets were off — until the day she walked out of his life without a backward glance. Leaving him was the hardest thing she'd ever done. As a kid, Jenna knew how people looked at her. Like she was stupid. Worthless. Poor. So she spent her life working to become someone else. Then she met Farrell Black and their all-consuming passion blew a hole in everything she thought she knew about herself. Until she was forced to make a terrible choice. Now Jenna is back in London for her father's funeral, desperate to avoid the one man who can banish her hard-earned reason in favor of red-hot ecstasy. But when her father's death is tied to an abuse of power at the highest levels, she has no choice but to ask Farrell for help. As they work together to find answers to a puzzle that could have dangerous implications, desire threatens to undo them both and forces Jenna to choose between keeping the secret of a lifetime and having the one man who can command her body and soul. Then Farrell and Jenna find themselves on the run, fugitives from the law as they work to unravel a threat that could have catastrophic consequences for mankind. From London to Italy to Paris, Farrell and Jenna have no choice but to fight more than one hidden adversary - and hope they live long enough to get a second chance at love.*

★★★★★ "This is indeed a gripping series. This boxed set is a must have." ★★★★★ "Loved this set of books, it was impossible to put down." ★★★★★ "Sleep was willingly sacrificed haha!" ★★★★★ "The story was captivating from the start, suspense the whole way through. Def a must read." ★★★★★ "Super hot and intense to the very last word!!!" ★★★★★ "Romantic, dirty, and suspense all in one... I am hooked!" ★★★★★ "Was pulled into the story right from the get go and couldn't put it down till I was done!" ★★★★★ "5 stars are not enough..."

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## **SAVAGE**

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### **LONDON MOB BOOK ONE**

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*Michelle St. James "Dangerous, sexy, and heart wrenching!" Farrell Black is dirty, dangerous, and holds nothing sacred. Growing up on the mean streets of London, he clawed his way to the top of a criminal empire with nothing but sheer force of will and the determination to need no one. Ever. Then he met Jenna Carver, and all bets were off — until the day she walked out of his life without a backward glance. Leaving him was the hardest thing she'd ever done. As a kid, Jenna knew how people looked at her. Like she was stupid. Worthless. Poor. So she spent her life working to become someone else. Then she met Farrell Black, and their all-consuming passion blew a hole in everything she thought she knew about herself. Until she was forced to make a terrible choice. Now Jenna is back in London for her father's funeral,*

desperate to avoid the one man who can banish her hard-earned reason in favor of red-hot ecstasy. But when her father's death is tied to an abuse of power at the highest levels, she has no choice but to ask Farrell for help. As they work together to find answers to a puzzle that could have dangerous implications, desire threatens to undo them both — and forces Jenna to choose between keeping the secret of a lifetime and having the one man who can command her body and soul.

★★★★★ "Dark and edgy...I am sold." ★★★★★ "Holy hotness!" ★★★★★ "Best MOB STORY EVER." ★★★★★ "The heart of a lion. The body of a god. The tenacity of a bull. Farrell is the BOSS of the London mob." ★★★★★ "Are you ready for your next book boyfriend because here he is!" ★★★★★ "I swooned HARD."

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## CYCLOPÆDIA OF AMERICAN LITERATURE

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### EMBRACING PERSONAL AND CRITICAL NOTICES OF AUTHORS, AND SELECTIONS FROM THEIR WRITINGS. FROM THE EARLIEST PERIOD TO THE PRESENT DAY; WITH PORTRAITS, AUTOGRAPHS, AND OTHER ILLUSTRATIONS

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#### AUNTIE MOM

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#### A SINGLE WOMAN'S UNEXPECTED ADVENTURE INTO MOTHERHOOD

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*iUniverse* If you want to open your heart, this story will help you do that. Auntie Mom is an intensely honest account of lifes bittersweet lessons and one womans courage in facing the unknown. Laura Maher is a beautiful storyteller with a remarkable gift. She has captured the essence of the love and loss that all humans experience. This memoir reads like a good novel. Marci Shimoff, New York Times best-selling author of *Love for No Reason* When her twenty-nine year old sister suffered a stroke, L.A. businesswoman Laura Maher returned home to Boston. During the year her sister spent in recovery, Laura moved her eight-year-old nephew and six-year-old niece to California. Because her fianc did not want to raise someone elses kids, their relationship ended, and as a result, she did not have a home for her or the kids to live in. While on a road-trip they met a wealthy couple who invited them to live on their estate in the Santa Cruz Mountains. Auntie Mom is an inspiring true story of a single womans year-long adventure into motherhood. Laura weaves a rich tapestry of candid tales that speak to the heart of the age-old struggle every woman faces in her role as parent, in her search for self-identity. Its a story of family, and faith, and the forgiveness that occurs when embracing the messy, complex situations we all find ourselves in when we step into the role of parent. Photographs by Rick Swinger Author photo by Doug Greene Cover Art by ShimmeringWolf.com

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#### MOMOIR

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#### A NEW MOM'S JOURNEY TO EMBRACING HER NOT-SO-PERFECT MOTHERHOOD

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"Have kids," they said. "It will be the best thing that ever happened to you," they

encouraged. In therapy, on the cusp of a mental breakdown caused by a sleep-defying baby, Alyssa DeRose listens as her therapist (read: paid best friend) finally puts her version of the truth into words: "It's okay if becoming a mother was both the best and worst thing to ever happen to you." Alyssa now welcomes fellow women into the brutal and transformational season of life called new motherhood, inviting us to reflect on our own flawed stories of motherhood and offering needed permission to embrace our imperfection. Written from the trenches of her daily life, *MOMOIR: A New Mom's Journey to Embracing Her Not-So-Perfect Motherhood* provides a front-row seat to Alyssa's struggles with motherhood--through miscarriage and postpartum depression and marital stress and a surprise second baby. She shares her colorful story with authenticity, faith, and a healthy dose of levity, three ingredients she has learned every mother needs to survive.

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## **SIGH FOR THE DAWN**

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## **THE OTHER SIDE**

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## **RASTAMAN VIBRATIONS**

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MyInkBooks *The Other Side, Rastaman Vibrations* depicts the turbulence of Jamaican life in the 1960s-early '70s through the passions of 14 year-old Frances Ayee, daughter of Pastor George Ayee. Frances reflected everything that was good and pure in the world. Her love of life was as virtuous and genuine as the smile which she wore and it was as delicate as the flowers which she held. Vilified and forsaken, Frances is thrust into a world of confused voices and turbulent measures. She finds herself pitted against the moral code that is the church's foundry. Upon giving birth to her son Julius, she is whisked off to New York city to live with her estranged aunt Beverley. Against a backdrop of the Diaspora and simmering civil unrest, young Julius is encouraged by Rasta as he wrestles with love, truth and life. What he learns surpasses human desire as he comes to a keen understanding of the hidden purpose of his own destiny.

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## **THE BRAVE ART OF MOTHERHOOD**

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## **FIGHT FEAR, GAIN CONFIDENCE, AND FIND YOURSELF AGAIN**

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WaterBrook Full-time FindingJoy.net blogger, speaker, marketer, podcaster, and single mom of seven, Rachel Marie Martin presents a rallying cry to anyone who believes the lie that she is "just a mom." Over the years, you willingly pour everything you have into your family, but in the process, you lose the essence of who you are. In her characteristic raw and visceral style, Rachel teaches you how to rewrite the pages of your story, follow your passion, and discover the beauty of who you are. Drawing on lessons from her own incredible journey--together with insight from conversations with thousands of other women--Rachel encourages moms to break cycles, take off masks, and prevent fear from taking control. She balances her "no excuses" approach with breathing room and grace for those messy moments in life and mothering. Rachel reminds you there is always a reason to hope, to move forward, and to dare the impossible. You can make changes. You can pursue dreams,

*find yourself, and live a life of deep happiness and boundless joy. Stop waiting for "someday." Take hold of the moment, and say yes to your dreams.*

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## **THE PRISON CELL ANGEL**

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*Dorrance Publishing The Prison Cell Angel By Elizabeth Lott James, a CIA agent, was captured and thrown into a Russian Prison. The pain and the suffering that were inflicted upon him by his captors were brutal and barbaric. When he believed that he was about to die from starvation and torture, he drifted into a state of euphoria and bliss. A woman from his past, whom he had loved deeply, appeared to him. Her name was Sarah. Seeing her in his dreams gave him the courage to pray and a will to live. Sarah had buried her love and memories of James in a special place in her heart. When she was lonely and needed to believe in herself, she would go to that place. For the past year James had dominated Sarah's thoughts and dreams. She knew in her heart that he was very ill or in serious trouble. Her dreams were just too real. By chance James and Sarah found each other...*

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## **POWER MOMS**

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### **HOW EXECUTIVE MOTHERS NAVIGATE WORK AND LIFE**

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*HarperCollins A retired Wall Street Journal editor and mother compares two generations of women—boomers and GenXers—to examine how each navigates the emotional and professional challenges involved in juggling managerial careers and families. For the first time in American history, a significant number of mothers are heading major corporations, including General Motors, Ulta Beauty, and Best Buy. Over the past several decades, women have made gains throughout executive suites. Yet these "Power Moms" still struggle with balancing their management responsibilities with raising children. Joann S. Lublin draws on the experiences of the nation's two generations of these successful women to measure how far we've come—and how far we still need to go. Lublin combines her own insights with those of eighty-five executive mothers across industries—including experienced public-company chiefs such as Carol Bartz, the first woman to command Autodesk and Yahoo; Hershey's Michele Buck, DuPont's Ellen Kullman, ITT's Denise Ramos, and WW International's Mindy Grossman—and twenty-five of their grown daughters. Lublin reveals how trailblazer boomers, many now in their sixties, often endured sweeping disapproval for their demanding management careers, even as their own daughters sometimes rejected their choices. While the second wave of executive mothers—all under forty-five—handle working parenthood with less angst, they still lead stressful lives. Power Moms provides lessons and advice to help today's professional women, their families, and their employers navigate this challenging terrain. Lublin looks at the trade-offs mothers are too often forced to make between work and family and the root causes, including the dearth of large-scale paid parental leave and other family-friendly policies. While it celebrates the gains women have made, Power Moms makes clear how much more must be done to make being a working mother easier.*

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## **ANOTHER HAPPY HOOKER SPEAKS OUT BOOK ONE**

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*Aphrodite Phoenix*