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Basic Biomechanics of the Musculoskeletal System

Lippincott Williams & Wilkins Now in its Fourth Edition, *Basic Biomechanics of the Musculoskeletal System* uses a direct and comprehensive approach to present students with a working knowledge of biomechanical principles of use in the evaluation and treatment of musculoskeletal dysfunction. The text opens with a chapter that introduces the basic terminology and concepts of biomechanics; the remainder of the book then focuses on the biomechanics of tissues and structures, the biomechanics of joints, and applied biomechanics.

Dentists

Pebble Open wide! *Dentists care for people's teeth. Give readers the inside scoop on what it's like to be a dentist. Readers will learn what dentists do, the tools they use, and how people get this exciting job.*

Biomedical Nanotechnology

CRC Press *Biomedical nanotechnology is one of the fastest-growing fields of research across the globe. However, even the most promising technologies may never realize their full potential if public and political opinions are galvanized against them, a situation clearly evident in such controversial fields as cloning and stem cell research. Biomedical Nanotec*

Proximal Femur Fractures

An Evidence-Based Approach to Evaluation and Management

Springer *This timely resource organizes and presents the most up-to-date, evidence-based information on the evaluation and management of all aspects of proximal femur fractures, divided into three succinct sections. Part I discusses basic principles, including anatomy, biomechanics and surgical approaches to the proximal femur. Detailed chapters focusing on individual fracture locations and types comprise part II, such as femoral head and neck fractures, intertrochanteric and subtrochanteric fractures, and nonunions. Optimal perioperative medical management and quality and safety concerns are presented in part III. Each chapter includes a section on evidence-based considerations, and authors present their preferred methods of treatment as well as case examples, where applicable. Providing a quick review of the newest evidence, but also allowing for an in-depth review of the details associated with specific fracture types around the hip, Proximal Femur Fractures provides the orthopedic and trauma surgeon with essential information when preparing for any particular proximal femur fracture procedure.*

Data Interpretation for Medical Students

PasTest Ltd "This book is written for all medical students and is ideal for OSCE practice, during ward rounds and clinical years ..." -- BOOK COVER.

Safe Work Technique

Partridge Publishing Singapore *Construction supervisors, employees, and executives need to work together to promote safety on job sites. Mistakes can be costly: People can get hurt or killed and projects can be delayed or cancelled altogether. Companies that fail to provide a safe work environment could face lawsuits. Written in clear language and illustrated with pictures, this guidebook is easy to understand. Each picture includes captions and information that makes it easy for beginners and longtime employees to avoid accidents and fix problems. You'll learn fundamentals, such as what items you can't bring into the workplace, how to work in confined spaces, and how to use scaffolding and heavy equipment. You'll also get detailed information on excavations, handling hazardous substances, the proper handling of tools, and proper waste management. Complying with Health, Safety, Security and Environment guidelines on construction sites is a must for anyone involved with construction projects. Avoid problems and quickly step into action when something goes wrong with Safe Work Technique.*

Joyful Mending

Visible Repairs for the Perfectly Imperfect Things We Love!

Tuttle Publishing *Joyful Mending shows you how to fix old items of clothing, linens and household objects by turning tears and flaws into beautiful features. Simply by applying a few easy sewing, darning, felting, or crocheting techniques, as well as some sashiko and other favorite embroidery stitches, you can repair your favorite pieces in a transformative way. These techniques don't just save you money, but make your life more joyful, fulfilling and sustainable in an age of disposable "fast fashion." Author Noriko Misumi teaches you her philosophy of mending and reusing items based on the age-old Japanese concepts of mindfulness and Wabi Sabi (an appreciation of old and imperfect things). In her book, she shows you how to: Repair any kind of fabric that is torn, ripped or stained—whether knitted or woven Work with damaged flat or curved surfaces to make them aesthetically pleasing again Create repairs that blend in, as well as bold or whimsical visible repairs Darn your handmade or expensive gloves, sweaters and socks to make them look great again The joy to be found in working with your hands and the personal artistry you discover within yourself lie at the heart of this book. While nothing lasts forever, there's pleasure, as well as purpose, in appreciating age and imperfection. Joyful Mending allows you to surround yourself with the things that truly give you joy, whether they were given to you by a loved one, picked up in your travels or simply have a special place in your heart.*

Fractures Around the Knee

Springer *This comprehensive book is more than a complete reference on knee fractures and associated injuries: it is also a decision-making and surgical guide that will assist trauma, knee, sports medicine, and total joint surgeons in planning and executing specific procedures for different traumatic conditions of the knee. Each chapter addresses a particular condition and its management, explaining the traumatic mechanism and preoperative workup and then describing in detail the surgical steps, from patient positioning to the postoperative regimen. Guidance is also provided on complications and their management, and to complete the coverage, results from the relevant literature are described. The authors are world-renowned experts keen to share their knowledge and expertise regarding specific traumatic conditions of the knee. Both experienced surgeons and orthopedic residents will find this book to be an invaluable tool that will improve their practice when dealing with knee fractures.*

Controversial Issues in the Management of Head and Neck Cancer: A Swiss Multidisciplinary and Multi-Institutional Patterns of Care Study

Frontiers Media SA *The heterogeneity in the practice of diagnosis and treatment of head and neck squamous cell carcinoma (HNSCC) is known and expected to be inversely correlated with the level of evidence on a given topic. Literature on various aspects of management of HNSCC were previously published, but were usually restricted within narrow foci. Due to the lack of a similar comprehensive work published so far, the Head and Neck Cancer Working Group of Swiss Group for Clinical Cancer Research (SAKK) decided to perform a survey covering the whole spectrum of controversial topics concerning the diagnosis and the treatment of HNSCC among its member institutions. This survey was designed to discuss current diagnostic and treatment strategies for HNSCC of all localizations, and to find out probable differences and level of consensus between the participating academic institutions by means of a questionnaire-based pattern of care study. The items in the survey was generated with a scored voting system by inclusion of all involved centers, and divided into four sections, each of them not exceeding twenty questions: head and neck surgery, radiation oncology, medical oncology and biomarkers. Surely, the topics and questions were intentionally chosen from controversial areas. Nonetheless, the lack of major consensus in most queried areas provide an insight to head and neck oncologist in terms of the scope of heterogeneity in their practice. Although none of the participated centers being plainly wrong, it is still disturbing to see, that a patient may be treated with quite discrepant diagnostic and treatment concepts even in a relatively small country adhering to up to date evidence based medicine. We believe that this work will serve the head and neck oncologists to be aware of their discrepancies and to stimulate discussion toward standardization of practice and prioritize topics of future clinical research.*

The Book of L

[Springer Science & Business Media](#) This book is dedicated to Aristid Lindenmayer on the occasion of his 60th birthday on November 17, 1985. Contributions range from mathematics and theoretical computer science to biology. Aristid Lindenmayer introduced language-theoretic models for developmental biology in 1968. Since then the models have been customarily referred to as L systems. Lindenmayer's invention turned out to be one of the most beautiful examples of interdisciplinary science: work in one area (developmental biology) induces most fruitful ideas in other areas (theory of formal languages and automata, and formal power series). As evident from the articles and references in this book, the interest in L systems is continuously growing. For newcomers the first contact with L systems usually happens via the most basic class of L systems, namely, DOL systems. Here "0" stands for zero context between developing cells. It has been a major typographical problem that printers are unable to distinguish between 0 (zero) and 0 (oh). Thus, DOL was almost always printed with "oh" rather than "zero", and also pronounced that way. However, this misunderstanding turned out to be very fortunate. The wrong spelling "DOL" of "DOL" could be read in the suggestive way: DO L Indeed, hundreds of researchers have followed this suggestion. Some of them appear as contributors to this book. Of the many who could not contribute, we in particular regret the absence of A. Ehrenfeucht, G. Herman and H.A. Maurer whose influence in the theory of L systems has been most significant.

Thoracoscopic Spine Surgery

[Thieme](#) 150 contemporary barbecue dishes, sauces and condiments by award-winning barbecue chef and firefighter David Veljacic.

Empirische Dimension Altorientalischer Forschungen

[LIT Verlag Münster](#) This volume's 23 contributions from senior and younger researchers working with the Ancient Near Eastern heritage are based on the hypothesis of a general empiric attitude of Ancient Mesopotamian scholarship. The articles try to elucidate these underlying principles, making use of various sorts of modern theories and methods. The book covers a broader range of topics: astronomy, politics, agriculture and irrigation, linguistics, architecture, medicine and others.

Self Heal by Design

The Role of Micro-organisms for Health

The body can self heal by its very design, and you can design a program that will enable the body to do the very thing it was made to do--heal itself.

Human Virology

[Oxford University Press](#) Viruses are some of the simplest infectious agents on the planet, yet can cause severe and even life-threatening diseases in all forms of life - including humans. Despite relying on host cells in order to replicate, viruses can be capable of extremely rapid reproduction and very effective transmission from one person to another. Because of this, they have historically represented a significant proportion of the disease burden affecting humans. Human Virology provides a vivid introduction to this fascinating field, by incorporating both the molecular and clinical aspects of the subject. Throughout the text, case studies bring the subject to life by providing a unique perspective from real practicing doctors. In addition new 'hot topic' boxes have been incorporated into this edition, featuring current important areas of research. Little prior knowledge is assumed, making Human Virology the perfect text for those students new to the subject.

Pranic Psychotherapy

[Red Wheel](#) This companion volume to the author's best-selling book, *Pranic Healing*, is an advanced guide to using proven pranic healing methods to treat and prevent psychological ailments such as compulsive behaviors, tension, anxiety, stress, phobias, depression, hysteria, impotence, and drug addiction. Easy-to-follow instructions and case studies.

Before Memory Fades

An Autobiography

[Hay House, Inc](#) *Before Memory Fades* by Fali S. Nariman is a revelatory, comprehensive and perceptive autobiography - candid, compelling and authoritative. Internationally admired and respected, Fali S. Nariman is a senior advocate of the Supreme Court of India. He began his career at the Bombay High Court in November 1950, and has since been active in the legal profession. Over the years, he has held several prestigious posts at both the national and international levels. He became a Member of Parliament (Rajya Sabha) in November 1999. He is the recipient of the Padma Bhushan (1991) and the Padma Vibhushan (2007). Starting with his formative years, when he had the good fortune to interact with many eminent judges and advocates, Fali S. Nariman moves on to deal with a wide variety of important subjects, such as, the sanctity of the Indian Constitution and attempts to tamper with it. crucial cases that have made a decisive impact on the nation, especially on the interpretation of the law, the relationship between the political class and the judiciary, the cancer of corruption and how to combat this menace, the author outlines measures to restore the now-low credibility of the legal profession, he also delineates his role in several high-profile cases. In recognition of his track record, the Government of India nominated him to the Rajya Sabha. He describes the highlights of his tenure there. Both members of the legal profession and the lay reader will find the contents informative and useful.

The Bad House

Bully victim and narrator, Flora Travers discovers she has a supernatural connection with the ghost of Judge Cotton that died in his homemade jail cell in 1972 after a failed attempt to punish teenagers that thwarted the law. Like Flora, the judge was bullied too and heard her cries to get rid of her "problems".

Social Anthropology and Language

[Routledge](#) Providing a critical framework for the consideration of the relationship between modern social anthropology and linguistics, this volume covers topics such as classification, symbolism, and structuralism. The relevance of the works of Saussure, Lévi-Strauss and Chomsky is considered. There are two case-studies: the first outlines a 'social history' of the succession of pidgins that are documented on the West African coast, ending with Pidgin English. The second analyzes the status of three language varieties used in a 'trilingual' community in the Carnian Alps. Originally published in 1971.

Business Statistics

for Non-Mathematicians

[Bloomsbury Publishing](#) *Business Statistics* is a student-friendly book written to encourage first year business students to understand (and enjoy!) their first experience of statistics. Each topic is well illustrated, with worked examples, tutorial sheets, supplementary exercises, and computer worksheets in SPSS, Minitab and Excel - all with answers provided.

Mammalian Evolutionary Morphology

A Tribute to Frederick S. Szalay

[Springer Science & Business Media](#) This book celebrates the contributions of Dr. Frederick S. Szalay to the field of Mammalian Evolutionary Morphology. Professor Szalay is a strong advocate for biologically and evolutionarily meaningful character analysis. He has published about 200 articles, six monographs, and six books on this subject. This book features subjects such as the evolution and adaptation of mammals and provides up-to-date articles on the evolutionary morphology of a wide range of mammalian groups.

Twin Cities Noir

[Akashic Books](#) Presents a collection of short stories featuring noir and crime fiction about the Twin Cities, by such mystery writers as Pete Hautman, Mary Sharratt, Quinton Skinner, and Brad Zellar.

Understanding Viruses

[Jones & Bartlett Publishers](#) *Understanding Viruses* continues to set the standard for the fundamentals of virology. This classic textbook combines molecular, clinical, and historical aspects of human viral diseases in a new stunning interior design featuring high quality art that will engage readers. Preparing students for their careers, the Third Edition greatly expands on molecular virology and virus families. This practical text also includes the latest information on influenza, global epidemiology statistics, and the recent outbreaks of Zika and Ebola viruses to keep students on the forefront of cutting-edge virology information. Numerous case studies and feature boxes illuminate fascinating research and historical cases stimulate student interest, making the best-selling *Understanding Viruses* the clear choice in virology. Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor

resources (available to adopting instructors with course ID), and learning analytics reporting tools (available to adopting instructors with course ID).

The Secret of Selling Anything

A Road Map to Success for the Salesman... who is Not Aggressive, who is Not a "smooth Talker," and who is Not an Extrovert

If you've read other selling books, you're probably tired of the false promises that never quite work out. You're probably tired of being told "you can do it if you just believe you can. This book is: A road map to success for the salesman... who is not aggressive - who is not a "smooth talker" - and who is not an extrovert. You're probably tired of reading about tricks that made a particular sale tricks that may have been appropriate to a particular situation, but not yours and even if they were appropriate, how would you have thought of them at the right time? If you've read books on selling before or listened to "sales experts," you're probably tired of being pumped with hot air told how you must "come alive," be full of enthusiasm, dominate the world around all the things that don't happen to be a part of your basic nature. Well, this book isn't anything like that. In fact, this book was written to refute many cliches of selling that have been accepted without question for years. This book will prove to you, I hope, that the stereotyped image of the "born salesman" is a mistake. You don't have to remake your personality and become super-enthusiastic, super-aggressive, domineering. Not only are those traits not necessary, they are actually a hindrance to making sales. And you won't have to develop that uncanny ability to come up with the right answer at the right time that super-human knack of having the brilliant flash of insight that is so prevalent in books on selling. Sure, given several days to think about it, the writer of a sales book can always come up with a solution to a sales problem. But how does that help you when confronted face-to-face with a question that must be answered now? This book will show you that you don't need such skills. This book can truly revolutionize your selling career but only because it will show you that you no longer need to waste your time developing skills that are of no value to a salesman. For example, here are some of the points that will be made in the course of this book: -- Contrary to the accepted mythology, enthusiasm is not a virtue; it destroys more sales than it creates. -- "Positive thinking" is an unrealistic fallacy. The salesman who thinks negatively has a far greater chance for success than the so-called "positive thinker." -- Sales success does not come from convincing people to buy things they don't want. -- The salesman who always has an answer for every objection is also probably plugging along with a very low income. -- Extroverts don't make the best salesmen; they are invariably outsold by introverts. -- To be a good salesman, you don't have to be a "smooth talker." -- Another all-time sales fallacy is the statement "When the going gets tough, the tough get going". When the going gets tough, I usually take a vacation. -- The desire to be able to motivate others is unrealistic and foolish. A really-great salesman will never try to motivate anyone. Perhaps all of this sounds so far removed from what you've heard about selling through the years that you wonder how it could possibly be true. I intend to demonstrate the validity of these statements in two ways. First, my own experience verifies their worth. Almost invariably, in any selling experience where I've found myself, I have outsold everyone else around me usually while working far fewer hours. In addition, I've seen these principles work for a few others, too a very few, for they are unknown to most people. But there is nothing mysterious about them and that brings us to second way in which I will demonstrate their validity. I will prove them to you. We will deal with life logically and carefully in this book. Everything will be proven in terms of the real world as it is in ways we can both understand.

Black Opera

History, Power, Engagement

University of Illinois Press From classic films like *Carmen Jones* to contemporary works like *The Diary of Sally Hemmings* and *U-Carmen eKhayelitsa*, American and South African artists and composers have used opera to reclaim black people's place in history. Naomi André draws on the experiences of performers and audiences to explore this music's resonance with today's listeners. Interacting with creators and performers, as well as with the works themselves, André reveals how black opera unearths suppressed truths. These truths provoke complex, if uncomfortable, reconsideration of racial, gender, sexual, and other oppressive ideologies. Opera, in turn, operates as a cultural and political force that employs an immense, transformative power to represent or even liberate. Viewing opera as a fertile site for critical inquiry, political activism, and social change, *Black Opera* lays the foundation for innovative new approaches to applied scholarship.

A Textbook of Biotechnology

S. Chand Publishing FOR UNIVERSITY & COLLEGE STUDENTS IN INDIA & ABROAD Due to expanding horizon of biotechnology, it was difficult to accommodate the current information of biotechnology in detail. Therefore, a separate book entitled *Advanced Biotechnology* has been written for the Postgraduate students of Indian University and Colleges. Therefore, the present form of *A Textbook of Biotechnology* is totally useful for undergraduate students. A separate section of Probiotics has been added in Chapter 18. Chapter 27 on Experiments on Biotechnology has been deleted from the book because most of the experiments have been written in 'Practical Microbiology' by R.C. Dubey and D.K. Maheshwari. Bibliography has been added to help the students for further consultation of resource materials.

Cervical, Breast and Prostate Cancer (Black and White)

Iconcept Press Cervical cancer and breast cancer are two of the most common cancers found in women. Cervical cancer is when cancer arises from the cervix. Early on there are typically no symptoms. Later symptoms may include abnormal vaginal bleeding, pelvic pain or pain during sex. Breast cancer is when cancer develops from breast tissue. Signs of breast cancer may include a lump in the breast, a change in breast shape, dimpling of the skin, fluid coming from the nipple, or a red scaly patch of skin. Prostate cancer is when cancer develops in the prostate, a gland in the male reproductive system. It may initially cause no symptoms. In later stages it can cause difficulty urinating, blood in the urine, or pain in the pelvis, back or when urinating. This book provides some latest research and findings on breast cancer, cervical cancer and prostate cancer. The aim of this book is to serve as an important reference book for individuals working in biomedical laboratories, and for clinical professionals. There are totally 13 chapters in this book. Chapter 1 proposes an outlook on different endoscopic surgical procedures to treat cervical cancer, using traditional laparoscopy and robotics. Chapter 2 reviews the clinical results of carbon ion radiotherapy (C-ion RT) for uterine cervical cancer. Carbon-ion RT has been established as a safe short-term treatment for locally advanced uterine cervical cancer. Chapter 3 summarises chrysin inhibits proliferation, induces apoptosis and reduce angiogenesis in most tested cancer cells, including cervical cancer cells. Chapter 4 shows that involving physicians in the promotion of public health programs and initiatives is a viable option. Chapter 5 summarizes the published findings about the controversial role of METCAM, a cell adhesion molecule, in the progression of human breast cancer. Chapter 6 focuses on the biology of "neu" in breast cancer - the potential mechanisms that may contribute to tumor resistance and the numerous uncertainties that persist despite the bona-fide progress made in treating this particular subtype of breast cancer. Chapter 7 describes the mechanisms by which estrogen can exert its role in estrogenresponsive cells, focusing on specific aspects of estrogen receptor signaling. Moreover, this chapter shows how some of the proteins involved in estrogen receptor signaling can be used as predictive markers in breast cancer and describes a proposed clinical study related to the combined use of two drugs (bortezomib and tamoxifen) as therapeutic agents for estrogen receptor negative breast cancers. Chapter 8 summarizes the recent studies indicating that AngII facilitates breast cancer metastasis by contributing to the cross-talk between cancer cells and the host stroma. Chapter 9 focuses on a rationale pharmaceutical development along with a detailed understanding of biological effects so as to accelerate the incorporation of nanocarriers in breast cancer therapy. Chapter 10 summarizes the mTOR pathway and the clinical results in breast cancer treatment, relating them to results obtained using cultured MCF-7 breast cancer tamoxifen resistant sublines. Chapter 11 discusses how to develop a standard extraction method, yielding tomato products which are suitable for cell cultures, and enable product comparison of different tomato varieties. Chapter 12 describes principles and processes that are involved in investigating biological or clinical problems with nuclear magnetic resonance (NMR) based metabolomics - an approach that involves the global analysis of metabolites. The authors use prostate cancer as a case study to outline the processes, applications and potential of metabolomics for inform scientists and clinicians. Chapter 13 discusses the epidemiology, screening, diagnosis and treatment options of prostate cancer and its association with osteoporosis.

MRI for Orthopaedic Surgeons

Thieme - More than 700 MRIs and instructive illustrations to highlight key concepts related to normal anatomy and pathologic processes -Practical discussion of how other imaging modalities correlate with MRI -Clinical insights from leading orthopedic surgeons and radiologists

Back to the Lake

A Reader and Guide - With 2016 Mla Update

W. W. Norton THIS TITLE HAS BEEN UPDATED TO REFLECT THE 2016 MLA UPDATE. A new take on the traditional rhetorical modes, showing how they are used in the kinds of writing college students are most often assigned--arguments, analyses, reports, narratives, and more.

Operations and Supply Chain Management

Wiley Global Education Russell and Taylor's *Operations and Supply Chain Management, 9th Edition* is designed to teach students how to analyze processes, ensure quality, create value, and manage the flow of information and products, while creating value along the supply chain in a global environment. Russell and Taylor explain and clearly demonstrate the skills needed to be a successful operations manager. Most importantly, *Operations Management, 9th Edition* makes the quantitative topics easy for students to understand and the mathematical applications less intimidating. Appropriate for students preparing for careers across functional areas of the business environment, this text provides foundational understanding of both qualitative and quantitative operations management processes.

In the Wake

[Random House](#) *The story of Norwegian Arvid Jansen, a man who finally finds the strength to confront and accept the disasters of his life.*

Inside Reporting

[McGraw-Hill Education](#) *This text does for reporting what Tim Harrower's The Newspaper Designer's Handbook has previously done for design: make it fun and accessible to newcomers. Harrower is an award-winning editor, designer and columnist who has previously taught at Portland State University and currently conducts journalism workshops. The second edition of Inside Reporting continues to emphasize the basics but also provides a wealth of information on online reporting and packaging stories in more visual, interactive ways. It also includes more useful information on feature writing--from stories to reviews and column-writing--than any other text in the field.*

Bnf 75

(British National Formulary)

The March 2018 British National Formulary (BNF 75) is your essential reference book for prescribing, dispensing, and administering medicines.

The Security Dilemma

Fear, Cooperation and Trust in World Politics

[Red Globe Press](#) *This provides the first comprehensive analysis of the concept of the 'security dilemma'. By exploring the theory and practice of the security dilemma through the prisms of fear, cooperation and trust, it considers whether the security dilemma can be mitigated or even transcended analysing a wide range of historical and contemporary cases.*

Attack of the Customers

Why Critics Assault Brands Online and How to Avoid Becoming a Victim

[Createspace Independent Pub](#) *This book "...explains how social media can be used to destroy as well as to build. It offers actionable strategies to prevent and prepare for disasters before they strike your company. And it shows you how creative engagement can turn critics into raving fans."--Back cover.*

American Chew

[Burnside Review](#) *Poetry. "Matthew Lippman's poems know how to love as only a heart knows how to love. Swelling with rage, candor, humor, and empathy, his lyrics embrace vulnerability and grit that navigate the mire that the world lays before us each day. Their music makes singular reconciliations where anxiety and angst are lent a tough and tender grace."--Michael Morse "Reading a Matthew Lippman poem is like encountering an unstoppable force—or forces. One moment you're walking down Broadway next to an old friend who's talking a mile a minute—he's on a tear, he's manic but eminently likable, and his monologue is heating up to the point of combustion. Another moment you're listening to a voiceover spoken by a hardboiled and vaguely hypnagogic private eye. And yet another moment you're at the Tamarack Lodge in a Catskills of long ago listening to a crazed Borscht Belt comedian. And finally you're listening to a mystic intoning prophecies from deep in the reaches of a dream. I love poetry that takes me through such a range of voices, guises, poses, intensities, and diapasons, yet also manages to make me feel that I am in the presence of a truly human and truly real and singular personality. These poems were written by a man who takes much pleasure in moving through this mysterious world in language and in a body. He wants to share this pleasure with us—and that is generous, and as good a reason for writing poems as any I can think of."--Geoffrey Nutter "Matthew's poems wake us up with brutal honesty and humor. If you think poetry has lost touch with everyday life, this book will restore your faith and welcome you back."--Rob MacDonald*

The Atypical Tale of a Typical Indian Woman

Self-empowerment for Women

The Atypical Tale of a Typical Indian Woman is a book for empowering women. This book strives to make women look at themselves differently! It urges women to recognize their inner strengths and appreciate themselves for what they are doing. This book draws attention to the fact that women empowerment is more of an inside job than outside one. The author emphasizes on the fact that women's empowerment begins at home. It begins with the family celebrating the birth of a daughter and cherishing her. The tale of an Indian woman becomes Atypical because of the challenges an Indian woman faces in her life. The author believes that the life of an Indian woman is challenging because she faces judgement, abuse, bullying, criticism, She is questioned for every step she takes. The Indian society has created a never-ending list of expectations from an Indian woman. At every stage in life she has a different set of norms that she has to subscribe to. Most Indian women try hard to live by whatever is expected of them. In the process they forget to take care of their needs and their goals. And, then they begin to doubt their worth. The author lays stress on the aspects of self-care and self-empowerment for women. If a woman wants to spend a life of respect and dignity, she must respect herself! The author has suggested some simple tips that are easy to implement for women to empower themselves. She insists that it is only when a woman is empowered that she can lead a fulfilled life and take care of others around her.

Rosh Rapid Review: General Surgery Rotation Exam

This is book 2 of 7 of the Rapid Review for the Rotation Exam series. Developed by the same Rosh Review team who brought you the popular Rosh Review Qbank. The Rapid Review for the General Surgery Rotation Exam details every national content blueprint topic into a "what you need to know" for your General Surgery Rotation Exam. This book provides a high-yield review of the pathophysiology, diagnosis, lab analysis, treatments and more. Includes beautifully designed color teaching images for visual learners. Organized so you can add your own notes. Easy to take with you to class, a cafe, or library. The content in the Rapid Review book series is different from the content in the Rosh Qbank. Nonetheless, the Rapid Review book series serves as a perfect companion to the Rosh Qbank. Learning and education is a dynamic process, one that is never ending. Once we commit to a life in medicine, we commit to a life of learning. The Rosh Rapid Review book series is best suited to serve as an adjunct to your medical education. It is not meant as a primary source, rather it should help you organize your thoughts and provide ancillary knowledge for a more robust education. We are counting on you to not just regurgitate facts, but rather, paraphrasing Dr. Elizabeth Blackburn, to learn how it all works. We are privileged to be in the role of caretaker and thus have a responsibility to our patients to be the most knowledgeable we can be. Use this book on your learning journey. At some point, you will grow out of it. But in the meantime, we hope the hard work by the dedicated Rosh Review team can play just a small role in helping you reach your goals and achieve your dreams.