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THE DYNAMICS OF CONNECTION

HOW EVOLUTION AND BIOLOGY CREATE CAREGIVING AND ATTACHMENT

Lexington Books This is a book about why people nurture. It traces the origins of caring and caregiving from the earliest mammals, describes neurobiological evidence, and explores the social psychological processes of both caregiving and attachment. This book helps us to understand why parents choose to nurture children and why romantic partners choose to nurture one another.

CONSTRUCTING SOCIAL THEORY

Rowman & Littlefield Publishers Constructing Social Theory discusses the nature of social theory and theoretical orientations. Organized by 43 theoretical orientations in seven domains: exchange, power, adaptation/reinforcement, social bond, altruism, functionalism, and identity, the text includes a tutorial on how to identify an appropriate theoretical orientation and create a theory given a particular research question.

EVOLUTION, EARLY EXPERIENCE AND HUMAN DEVELOPMENT

FROM RESEARCH TO PRACTICE AND POLICY

Oxford University Press The field of cognitive psychology has expanded rapidly in recent years, with experts in affective and cognitive neuroscience revealing more about mammalian brain function than ever before. In contrast, psychological problems such as ADHD, autism, anxiety, and depression are on the rise, as are medical conditions such as diabetes, obesity, and autoimmune disorders. Why, in this era of unprecedented scientific self-knowledge, does there seem to be so much uncertainty about what human beings need for optimal development? Evolution, Early Experience and Human Development asserts that human development is being misshaped by government policies, social practices, and public beliefs that fail to consider basic human needs. In this pioneering volume, scientists from a range of disciplines theorize that the increase in conditions such as depression and obesity can be partially attributed to a disparity between the environments and conditions under which our mammalian brains currently develop and our evolutionary heritage. For example, healthy brain and emotional development depends to a significant extent upon caregiver availability and quality of care. These include practices such as breastfeeding, co-sleeping, and parental social support, which have waned in modern society, but nevertheless may be integral to healthy development. As the authors argue, without a more informed appreciation of the ideal conditions under which human brains/minds develop and function, human beings will continue to struggle with suboptimal mental and physical health, and as problems emerge psychological treatments alone will not be effective. The best approach is to recognize these needs at the outset so as to optimize child development. Evolution, Early Experience and Human Development puts forth a logical, empirically based argument regarding human mammalian needs for optimal development, based on research from anthropology, neurobiology, animal science, and human development. The result is a unique exploration of evolutionary approaches to human behavior that will support the advancement of new policies, new attitudes towards health, and alterations in childcare practices that will better promote healthy human development.

A-Z OF ATTACHMENT

Bloomsbury Publishing Launching Palgrave's interdisciplinary Professional Keywords series, this reader-friendly reference guide distils the study of attachment into digestible, yet authoritative, chunks. With over 60 alphabetized entries, it is the perfect introduction to the key concepts, debates and thinkers within this increasingly exploration of human behaviour.

THE CULTURAL NATURE OF ATTACHMENT

CONTEXTUALIZING RELATIONSHIPS AND DEVELOPMENT

MIT Press Multidisciplinary perspectives on the cultural and evolutionary foundations of children's attachment relationships and on the consequences for education, counseling, and policy. It is generally acknowledged that attachment relationships are important for infants and young children, but there is little clarity on what exactly constitutes such a relationship. Does it occur between two individuals (infant-mother or infant-father) or in an extended network? In the West, monotropic attachment appears to function as a secure foundation for infants, but is this true in other cultures? This volume offers perspectives from a range of disciplines on these questions. Contributors from psychology, biology, anthropology, evolution, social policy, neuroscience, information systems, and practice describe the latest research on the cultural and evolutionary foundations on children's attachment relationships as well as the implications for education, counseling, and policy. The contributors discuss such issues as the possible functions of attachment, including trust and biopsychological regulation; the evolutionary foundations, if any, of attachment; ways to model attachment using the tools of information science; the neural foundations of attachment; and the influence of cultural attitudes on attachment. Taking an integrative approach, the book embraces the wide cultural variations in attachment relationships in humans and their diversity across nonhuman primates. It proposes research methods for the culturally sensitive study of attachment networks that will lead to culturally sensitive assessments, practices, and social policies. Contributors Kim Bard, Marjorie Beeghly, Allyson J. Bennett, Yvonne Bohr, David L. Butler, Nandita Chaudhary, Stephen H. Chen, James B. Chisholm, Lynn A. Fairbanks, Ruth Feldman, Barbara L. Finlay, Suzanne Gaskins, Valeria Gazzola, Ariane Gernhardt, Jay Giedd, Alma Gottlieb, Kristen Hawkes, William D. Hopkins, Johannes Johow, Elfriede Kalcher-Sommersguter, Heidi Keller, Michael Lamb, Katja Liebal, Cindy H. Liu, Gilda A. Morelli, Marjorie Murray, Masako Myowa-Yamakoshi, Naomi Quinn, Mariano Rosabal-Coto, Dirk Scheele, Gabriel Scheidecker, Margaret A. Sheridan, Volker Sommer, Stephen J. Suomi, Akira Takada, Douglas M. Teti, Bernard Thierry, Ross A. Thompson, Akemi Tomoda, Nim Tottenham, Ed Tronick, Marga Vicedo, Leslie Wang, Thomas S. Weisner, Relindis D. Yovsi

DYNAMICS OF ROMANTIC LOVE

ATTACHMENT, CAREGIVING, AND SEX

Guilford Press A theoretically and empirically rich exploration of universal questions, this book examines the interplay of three distinct behavioral systems involved in romantic love. This integrative volume will be of interest to both researchers and clinicians.

MOVING BEYOND SELF-INTEREST

PERSPECTIVES FROM EVOLUTIONARY BIOLOGY, NEUROSCIENCE, AND THE SOCIAL SCIENCES

Oxford University Press In *Moving Beyond Self-Interest*, psychologists, neuroscientists, economists, and political scientists discuss and extend cutting-edge developments in the science of caring for and helping others. Their insights help readers appreciate the human capacity for engaging in altruistic acts, on both a small and large scale.

THE HANDBOOK OF EVOLUTIONARY PSYCHOLOGY, VOLUME 2

INTEGRATIONS

John Wiley & Sons A complete exploration of the real-world applications and implications of evolutionary psychology The exciting and sometimes controversial science of evolutionary psychology is becoming increasingly relevant to more fields of study than ever before. *The Handbook of Evolutionary Psychology, Volume 2, Integrations* provides students and researchers with new insight into how EP draws from, and is applied in, fields as diverse as economics, anthropology, neuroscience, genetics, and political science, among others. In this thorough revision and expansion of the groundbreaking handbook, luminaries in the field provide an in-depth exploration of the foundations of evolutionary psychology as they relate to public policy, consumer behavior, organizational leadership, and legal issues. Evolutionary psychology seeks to explain the reasons behind friendship, leadership, warfare, morality, religion, and culture — in short, what it means to be human. This enlightening text provides a foundational knowledgebase in EP, along with expert insights and the most up-to-date coverage of recent theories and findings. Explore the vast and expanding applications of evolutionary psychology Discover the psychology of human survival, mating parenting, cooperation and conflict, culture, and more Identify how evolutionary psychology is interwoven with other academic subjects and traditional psychological disciplines Discuss future applications of the conceptual tools of evolutionary psychology As the established standard in the field, *The Handbook of Evolutionary Psychology, Volume 2* is the definitive guide for every psychologist and student to understand the latest and most exciting applications of evolutionary psychology.

A SECURE BASE

Routledge As Bowlby himself points out in his introduction to this seminal childcare book, to be a successful parent means a lot of very hard work. Giving time and attention to children means sacrificing other interests and activities, but for many people today these are unwelcome truths. Bowlby's work showed that the early interactions between infant and caregiver have a profound impact on an infant's social, emotional, and intellectual growth. Controversial yet powerfully influential to this day, this classic collection of Bowlby's lectures offers important guidelines for child rearing based on the crucial role of early relationships.

THE CHALLENGE OF ATTACHMENT FOR CAREGIVING

Psychology Press The predicaments that bring adults into therapy can often be traced to unsatisfactory experiences of caregiving in childhood. If our capacity for caregiving derives mainly from our own experience of receiving care, then a clearer understanding of how this process of interaction works is crucial for the professional caregiver. *The Challenge of Attachment for Caregiving* proposes a model for the development of caregiving, shows how it can be related to therapeutic practice and complements and extends the theory of attachment. Drawing on many years' experience as clinicians and researchers, the authors explore in depth an aspect of human development which has profound implications for our future survival. Presenting its own challenge to both theory and practice, this book offers students and practitioners a new perspective on attachment.

HUMAN EVOLUTIONARY BIOLOGY

Cambridge University Press Wide-ranging and inclusive, this text provides an invaluable review of an expansive selection of topics in human evolution, variation and adaptability for professionals and students in biological anthropology, evolutionary biology, medical sciences and psychology. The chapters are organized around four broad themes, with sections devoted to phenotypic and genetic variation within and between human populations, reproductive physiology and behavior, growth and development, and human health from evolutionary and ecological perspectives. An introductory section provides readers with the historical, theoretical and methodological foundations needed to understand the more complex ideas presented later. Two hundred discussion questions provide starting points for class debate and assignments to test student understanding.

EVOLUTIONARY PERSPECTIVES ON INFANCY

Springer Nature This unique volume is one of the first of its kind to examine infancy through an evolutionary lens, identifying infancy as a discrete stage during which particular types of adaptations arose as a consequence of certain environmental pressures. Infancy is a crucial time period in psychological development, and evolutionary psychologists are increasingly recognizing that natural selection has operated on all stages of development, not just adulthood. The volume addresses this crucial change in perspective by highlighting research across diverse disciplines including developmental psychology, evolutionary developmental psychology, anthropology, sociology, nutrition, and primatology. Chapters are grouped into four sections: Theoretical Underpinnings Brain and Cognitive Development Social/Emotional Development Life and Death Evolutionary Perspectives on Infancy sheds new light on our understanding of the human brain and the environments responsible for shaping the brain during early stages of development. This book will be of interest to evolutionary psychologists and developmental psychologists, biologists, and anthropologists, as well as scholars more broadly interested in infancy.

HUMAN DEVELOPMENT: A LIFE-SPAN VIEW

Cengage Learning Gain a strong understanding of the issues, forces and outcomes that shape individuals into the people they become as you study the captivating content in Kail/Cavanaugh's *HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 9E*. This comprehensive, yet succinct, narrative offers a rich description of all life-span stages, tracing development from conception through late life with specific chapters devoted to special topics. The authors use real-life examples to help you understand the relevance of the latest research as well as controversial topics and emergent trends. Updates explore the pandemic from a developmental perspective and examine issues such as the differences in emerging and established adulthood, the development of transgender children and advancements in holistic interventions for dementia. You gain the foundation in important theories and research to critically interpret developmental information throughout your career and appreciate the connection between the laboratory and real life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

LEARNING TO TRUST

ATTACHMENT THEORY AND CLASSROOM MANAGEMENT

Oxford University Press *Learning to Trust* describes a constructivist approach to classroom management and discipline that was developed by the Child Development Project, a multiyear research and development project that applied attachment theory, care, and self-determination theories to the elementary school classroom. In this book, Marilyn Watson provides an overview of the research on attachment theory and a detailed description of its implications for teaching and classroom management, while chronicling one teacher, Laura Ecken, and her second-third grade class in a high poverty school across two years as she implements the Child Development Project and manages the class, guided by attachment theory. Watson documents in detail Laura's day by day and week by week efforts to build caring, trusting relationships with and among her students and describes the many steps Laura takes to guide the class into becoming a caring, learning community while also meeting her students' individual needs for autonomy and competence. Of course, not all goes well in this very real classroom and the ways Laura manages the pressures of competition and students' many misbehaviors, ordinary and serious, are clearly and sometimes humorously described. Such teaching is not easy, and is counter to more controlling management approaches common in many schools. The book concludes with a chapter on how teachers might find support in their current schools for this more collaborative approach to classroom management, as well as a chapter that includes reflections from a

number of the students seven years after leaving the class.

THE ORIGINS OF ATTACHMENT

INFANT RESEARCH AND ADULT TREATMENT

Routledge **The Origins of Attachment: Infant Research and Adult Treatment** addresses the origins of attachment in mother-infant face-to-face communication. New patterns of relational disturbance in infancy are described. These aspects of communication are out of conscious awareness. They provide clinicians with new ways of thinking about infancy, and about nonverbal communication in adult treatment. Utilizing an extraordinarily detailed microanalysis of videotaped mother-infant interactions at 4 months, Beatrice Beebe, Frank Lachmann, and their research collaborators provide a more fine-grained and precise description of the process of attachment transmission. Second-by-second microanalysis operates like a social microscope and reveals more than can be grasped with the naked eye. The book explores how, alongside linguistic content, the bodily aspect of communication is an essential component of the capacity to communicate and understand emotion. The moment-to-moment self- and interactive processes of relatedness documented in infant research form the bedrock of adult face-to-face communication and provide the background fabric for the verbal narrative in the foreground. The Origins of Attachment is illustrated throughout with several case vignettes of adult treatment. Discussions by Carolyn Clement, Malcolm Slavin and E. Joyce Klein, Estelle Shane, Alexandra Harrison and Stephen Seligman show how the research can be used by practicing clinicians. This book details aspects of bodily communication between mothers and infants that will provide useful analogies for therapists of adults. It will be essential reading for psychoanalysts, psychotherapists and graduate students. Collaborators Joseph Jaffe, Sara Markese, Karen A. Buck, Henian Chen, Patricia Cohen, Lorraine Bahrck, Howard Andrews, Stanley Feldstein Discussants Carolyn Clement, Malcolm Slavin, E. Joyce Klein, Estelle Shane, Alexandra Harrison, Stephen Seligman

ATTACHMENT THEORY AND RESEARCH

NEW DIRECTIONS AND EMERGING THEMES

Guilford Publications This volume showcases the latest theoretical and empirical work from some of the top scholars in attachment. Extending classic themes and describing important new applications, the book examines several ways in which attachment processes help explain how people think, feel, and behave in different situations and at different stages in the life cycle. Topics include the effects of early experiences on adult relationships; new developments in neuroscience and genetics; attachment orientations and parenting; connections between attachment and psychopathology, as well as health outcomes; and the relationship of attachment theory and processes to clinical interventions.

HANDBOOK OF ATTACHMENT

THEORY, RESEARCH, AND CLINICAL APPLICATIONS

Rough Guides Pre-eminent authorities in the field cover the origins and development of attachment theory, biological attachment theory, biological perspectives, measurement of attachment across the lifespan, and emerging topics and perspectives.

THE NATURE AND NURTURE OF LOVE

FROM IMPRINTING TO ATTACHMENT IN COLD WAR AMERICA

University of Chicago Press The notion that maternal care and love will determine a child's emotional well-being and future personality has become ubiquitous. In countless stories and movies we find that the problems of the protagonists—anything from the fear of romantic commitment to serial killing—stem from their troubled relationships with their mothers during childhood. How did we come to hold these views about the determinant power of mother love over an individual's emotional development? And what does this vision of mother love entail for children and mothers? In *The Nature and Nurture of Love*, Marga Vicedo examines scientific views about children's emotional needs and mother love from World War II until the 1970s, paying particular attention to John Bowlby's ethological theory of attachment behavior. Vicedo tracks the development of Bowlby's work as well as the interdisciplinary research that he used to support his theory, including Konrad Lorenz's studies of imprinting in geese, Harry Harlow's experiments with monkeys, and Mary Ainsworth's observations of children and mothers in Uganda and the United States. Vicedo's historical analysis reveals that important psychoanalysts and animal researchers opposed the project of turning emotions into biological instincts. Despite those criticisms, she argues that attachment theory was paramount in turning mother love into a biological need. This shift introduced a new justification for the prescriptive role of biology in human affairs and had profound—and negative—consequences for mothers and for the valuation of mother love.

CORNERSTONES OF ATTACHMENT RESEARCH

Oxford University Press This is an open access title available under the terms of a [CC BY-NC-ND 4.0 International] licence. It is free to read at Oxford Clinical Psychology Online and offered as a free PDF download from OUP and selected open access locations. Attachment theory is among the most popular theories of human socioemotional development, with a global research community and widespread interest from clinicians, child welfare professionals, educationalists and parents. It has been considered one of the most generative contemporary ideas about family life in modern society. It is one of the last of the grand theories of human development that still retains an active research tradition. Attachment theory and research speak to fundamental questions about human emotions, relationships and development. They do so in terms that feel experience-near, with a remarkable combination of intuitive ideas and counter-intuitive assessments and conclusions. Over time, attachment theory seems to have become more, rather than less, appealing and popular, in part perhaps due to alignment with current concern with the lifetime implications of early brain development. *Cornerstones of Attachment Research* re-examines the work of key laboratories that have contributed to the study of attachment. In doing so, the book traces the development in a single scientific paradigm through parallel but separate lines of inquiry. Chapters address the work of Bowlby, Ainsworth, Main and Hesse, Sroufe and Egeland, and Shaver and Mikulincer. *Cornerstones of Attachment Research* utilises attention to these five research groups as a lens on wider themes and challenges faced by attachment research over the decades. The chapters draw on a complete analysis of published scholarly and popular works by each research group, as well as much unpublished material.

THE ORGANIZATION OF ATTACHMENT RELATIONSHIPS

MATURATION, CULTURE, AND CONTEXT

Cambridge University Press This volume, first published in 2000, presents a theory on attachment that broadens its range to ages beyond infancy.

THE EVOLUTION OF PARENTAL CARE

OUP Oxford Parental care includes a wide variety of traits that enhance offspring development and survival. It is taxonomically widespread and is central to the maintenance of biodiversity through its close association with other phenomena such as sexual selection, life-history evolution, sex allocation, sociality, cooperation and conflict, growth and development, genetic architecture, and phenotypic plasticity. This novel book provides a fresh perspective on the study of the evolution of parental care based on contributions from some of the top researchers in the field. It provides evidence that the dynamic nature of family interactions, and particularly the potential for co-evolution among family members, has contributed to the great diversity of forms of parental care and life-histories across as well as within taxa. *The Evolution of Parental Care* aims to stimulate students and researchers alike to pursue exciting new directions in this fascinating and important area of behavioural and evolutionary biology. It will be of relevance and use to those working in the fields of animal behaviour, ecology, evolution, and genetics, as well as related disciplines such as psychology and sociology.

THE EVOLUTION OF PARENTAL CARE

Oxford University Press Parental care includes a wide variety of traits that enhance offspring development and survival. This novel book provides a fresh perspective on the current state of the study of the evolution of parental care, written by some of the top researchers in the field, and taking a broad taxonomic approach.

COMPREHENSIVE HANDBOOK OF PERSONALITY AND PSYCHOPATHOLOGY , PERSONALITY AND EVERYDAY FUNCTIONING

John Wiley & Sons Personality and Everyday Functioning covers the foundations of personality theory and the impact of personality on normal functioning. Leading personality researchers present chapters on major theories of personality, such as psychoanalytic, developmental, behavioral, and constructivist, to name a few.

ATTACHMENT, TRAUMA, AND HEALING

UNDERSTANDING AND TREATING ATTACHMENT DISORDER IN CHILDREN AND FAMILIES

Child Welfare League of Amer Attachment is the deep and enduring connection established between a child and caregiver in the first few years of life. It profoundly influences every component of the mind, body, emotions, relationships, and values. Disrupted attachment not only leads to emotional and social problems, but also results in biochemical consequences in the developing brain. Attachment, Trauma, and Healing examines the causes of attachment disorders and provides in-depth discussion of effective solutions, including attachment-focused assessment and diagnosis; specialized training and education for caregivers; treatment for children and caregivers that facilitates secure attachment; and early intervention and prevention programs for high-risk families.

THE WELLBEING OF CHILDREN IN CARE

A NEW APPROACH FOR IMPROVING DEVELOPMENTAL OUTCOMES

Routledge This important book looks at how children in care can best be helped to attain desirable developmental outcomes. Owusu-Bempah introduces his notion of socio-genealogical connectedness to help explain why children in kinship care fare better than children in non-relative foster care.

DIFFERENT FACES OF ATTACHMENT

CULTURAL VARIATIONS ON A UNIVERSAL HUMAN NEED

Cambridge University Press This groundbreaking reconceptualization of attachment theory brings together leading scholars from psychology, anthropology and related fields to reformulate the theory to fit the cultural realities of our world. It will be of particular interest to scholars and graduate students interested in developmental psychology, developmental anthropology, evolutionary biology and cross-cultural psychology.

THE HANDBOOK OF HUMANISTIC PSYCHOLOGY

THEORY, RESEARCH, AND PRACTICE

SAGE Publications The Second Edition of the cutting edge work, The Handbook of Humanistic Psychology, by Kirk J. Schneider, J. Fraser Pierson and James F. T. Bugental, represents the very latest scholarship in the field of humanistic psychology and psychotherapy. Set against trends inclined toward psychological standardization and medicalization, the handbook offers a rich tapestry of reflection by the leading person-centered scholars of our time. Their range in topics is far-reaching—from the historical, theoretical and methodological, to the spiritual, psychotherapeutic and multicultural. The new edition of this widely adopted and highly praised work has been thoroughly updated in accordance with the most current knowledge, and includes thirteen new chapters and sections, as well as contributions from twenty-three additional authors to extend the humanistic legacy to the emerging generation of students, scholars, and practitioners.

PARENTING PLAN EVALUATIONS

APPLIED RESEARCH FOR THE FAMILY COURT

OUP USA When conducting parenting plan evaluations, mental health professionals need to be aware of a myriad of different factors. More so than in any other form of forensic evaluation, they must have an understanding of the most current findings in developmental research, behavioral psychology, attachment theory, and legal issues to substantiate their opinions. With a number of publications on child custody available, there is an essential need for a text focused on translating the research associated with the most important topics within the family court. This book addresses this gap in the literature by presenting an organized and in-depth analysis of the current research and offering specific recommendations for applying these findings to the evaluation process. Written by experts in the child custody arena, chapters cover issues associated with the most important and complex issues that arise in family court, such as attachment and overnight timesharing with very young children, dynamics between divorced parents and children's potential for resiliency, co-parenting children with chronic medical conditions and developmental disorders, domestic violence during separation and divorce, gay and lesbian co-parents, and relocation, among others. The scientific information provided in these chapters assists forensic mental health professionals to proffer empirically-based opinions, conclusions and recommendations. Parenting Plan Evaluations is a must-read for legal practitioners, family law judges and attorneys, and other professionals seeking to understand more about the science behind child custody evaluations.

CHILD PSYCHOLOGY

A HANDBOOK OF CONTEMPORARY ISSUES

Psychology Press Child Psychology 2nd edition builds on the four cornerstones that formed the basis of the chapters appearing in the earlier edition. These are covered in five sections: Infancy, Preschool Years, Childhood, Adolescence, and Ecological Influences.

NURTURING NATURES

ATTACHMENT AND CHILDREN'S EMOTIONAL, SOCIOCULTURAL AND BRAIN DEVELOPMENT

Psychology Press This new edition of the bestselling text, Nurturing Natures, provides an indispensable synthesis of the latest scientific knowledge about children's emotional development. Integrating a wealth of both up-to-date and classical research from areas such as attachment theory, neuroscience developmental psychology and cross-cultural studies, it weaves these into an accessible enjoyable text which always keeps in mind children recognisable to academics, practitioners and parents. It unpacks the most significant influences on the developing child, including the family and social context. It looks at key developmental stages from life in the womb to the pre-school years and right up until adolescence, covering important topics such as genes and environment, trauma, neglect or

resilience. It also examines how children develop language, play and memory and, new to this edition, moral and prosocial capacities. Issues of nature and nurture are addressed and the effects of different kinds of early experiences are unpicked, creating a coherent and balanced view of the developing child in context. *Nurturing Natures* is written by an experienced child therapist who has used a wide array of research from different disciplines to create a highly readable and scientifically trustworthy text. This book should be essential reading for childcare students, for teachers, social workers, health visitors, early years practitioners and those training or working in child counselling, psychiatry and mental health. Full of fascinating findings, it provides answers to many of the questions people really want to ask about the human journey from conception into adulthood. .

THE EVOLUTION OF ETHICS

HUMAN SOCIALITY AND THE EMERGENCE OF ETHICAL MINDEDNESS

Springer In this ground-breaking book, Aristotelian and evolutionary understandings of human social nature are brought together to provide an integrative, psychological account of human ethics. The book emphasizes the profound ways that human identity and action are immersed in an ongoing social world.

ADDICTION AND ATTACHMENT

Frontiers Media SA

THE EVOLUTION OF CHILDHOOD

RELATIONSHIPS, EMOTION, MIND

Harvard University Press This book is an intellectual tour de force: a comprehensive Darwinian interpretation of human development. Looking at the entire range of human evolutionary history, Melvin Konner tells the compelling and complex story of how cross-cultural and universal characteristics of our growth from infancy to adolescence became rooted in genetically inherited characteristics of the human brain. All study of our evolution starts with one simple truth: human beings take an extraordinarily long time to grow up. What does this extended period of dependency have to do with human brain growth and social interactions? And why is play a sign of cognitive complexity, and a spur for cultural evolution? As Konner explores these questions, and topics ranging from bipedal walking to incest taboos, he firmly lays the foundations of psychology in biology. As his book eloquently explains, human learning and the greatest human intellectual accomplishments are rooted in our inherited capacity for attachments to each other. In our love of those we learn from, we find our way as individuals and as a species. Never before has this intersection of the biology and psychology of childhood been so brilliantly described. "Nothing in biology makes sense except in the light of evolution," wrote Dobzhansky. In this remarkable book, Melvin Konner shows that nothing in childhood makes sense except in the light of evolution.

PATTERNS OF RELATING

AN ADULT ATTACHMENT PERSPECTIVE

Guilford Press The process of emotional attachment, a critical factor in infant and child development, is now recognized as an important component of satisfying adult relationships. Building on the research and theories of developmental psychologists, ethologists, and social scientists, this ground-breaking book describes the characteristics and role of attachment in the adult years and presents new perspectives for understanding and changing an adult's ability to form life-enhancing personal relationships. Chapters provide methods for applying ideas about adult attachments to social research and clinical intervention, defining attachment for adults with supporting research and clinical evidence, explicating the varieties of attachment patterns for adults, and for demonstrating the clinical and therapeutic relevance of these constructs. This book is aimed at developmental psychologists, clinicians, and social scientists in psychiatry, psychology, and related mental health disciplines. Also an appropriate text for theoretical and clinical courses in psychiatry, psychology, and social work.

THE PERSON

AN INTRODUCTION TO THE SCIENCE OF PERSONALITY PSYCHOLOGY

John Wiley & Sons The Person provides psychologists with an organizational scheme for personality psychology. This sets the study of the person into evolutionary and cultural context and divided personality up into three broad areas: dispositional traits, characteristic adaptations, and integrative life stories. The fifth edition has been updated to reflect advances that have occurred in the field of psychology in the past few years. It presents new findings that have been obtained with respect to the correlates of personality traits, the dynamics of motives and goals in human lives, and the meanings and manifestations of life stories. Discussions are included on the new ideas on evolution and morality as well as the role of culture in personality. Psychologists will also find a much stronger and detailed discussion of psychophysiology of extraversion, neuroticism, and the train of sensation-seeking.

THE OXFORD HANDBOOK OF HUMAN DEVELOPMENT AND CULTURE

AN INTERDISCIPLINARY PERSPECTIVE

Oxford University Press, USA The Oxford Handbook of Human Development and Culture provides a comprehensive synopsis of theory and research on human development, with every chapter drawing together findings from cultures around the world. This includes a focus on cultural diversity within nations, cultural change, and globalization. Expertly edited by Lene Arnett Jensen, the Handbook covers the entire lifespan from the prenatal period to old age. It delves deeply into topics such as the development of emotion, language, cognition, morality, creativity, and religion, as well as developmental contexts such as family, friends, civic institutions, school, media, and work. Written by an international group of eminent and cutting-edge experts, chapters showcase the burgeoning interdisciplinary approach to scholarship that bridges universal and cultural perspectives on human development. This "cultural-developmental approach" is a multifaceted, flexible, and dynamic way to conceptualize theory and research that is in step with the cultural and global realities of human development in the 21st century.

ATTACHMENT IN MIDDLE CHILDHOOD

Guilford Press "With contributions from leading investigators, the book explores the effects on attachment of a wide range of factors in middle childhood, including children's broadening network of social relationships. Compelling data are presented on whether the quality of attachment in middle childhood can be predicted by assessments earlier in life, and what may explain changes over time."--BOOK JACKET.

BRAIN-BASED PARENTING: THE NEUROSCIENCE OF CAREGIVING FOR HEALTHY ATTACHMENT

W. W. Norton & Company An attachment specialist and a clinical psychologist with neurobiology expertise team up to explore the brain science behind parenting. In this groundbreaking exploration of the brain mechanisms behind healthy caregiving, attachment specialist Daniel A. Hughes and veteran clinical psychologist Jonathan Baylin guide readers through the intricate web of neuronal processes, hormones, and chemicals that drive—and sometimes thwart—our caregiving impulses, uncovering the mysteries of the parental brain. The biggest challenge to parents, Hughes and Baylin explain, is learning how to regulate emotions that arise—feeling them deeply and honestly while staying grounded and aware enough to preserve the parent-child relationship. Stress, which can lead to “blocked” or

dysfunctional care, can impede our brain's inherent caregiving processes and negatively impact our ability to do this. While the parent-child relationship can generate deep empathy and the intense motivation to care for our children, it can also trigger self-defensive feelings rooted in our early attachment relationships, and give rise to "unparental" impulses. Learning to be a "good parent" is contingent upon learning how to manage this stress, understand its brain-based cues, and respond in a way that will set the brain back on track. To this end, Hughes and Baylin define five major "systems" of caregiving as they're linked to the brain, explaining how they operate when parenting is strong and what happens when good parenting is compromised or "blocked." With this awareness, we learn how to approach kids with renewed playfulness, acceptance, curiosity, and empathy, re-regulate our caregiving systems, foster deeper social engagement, and facilitate our children's development. Infused with clinical insight, illuminating case examples, and helpful illustrations, Brain-Based Parenting brings the science of caregiving to light for the first time. Far from just managing our children's behavior, we can develop our "parenting brains," and with a better understanding of the neurobiological roots of our feelings and our own attachment histories, we can transform a fraught parent-child relationship into an open, regulated, and loving one.

ATTACHMENT, EVOLUTION, AND THE PSYCHOLOGY OF RELIGION

Guilford Press In this provocative and engaging book, Lee Kirkpatrick establishes a broad, comprehensive framework for approaching the psychology of religion from an evolutionary perspective. Kirkpatrick argues that religion is a collection of byproducts of numerous psychological mechanisms and systems that evolved for other functions.

PSYCHOLOGICAL PERSPECTIVES IN HIV CARE

AN INTER-PROFESSIONAL APPROACH

Routledge The care paradigm for people with HIV has shifted from managing progressive illness with a poor prognosis to managing a chronic condition. Despite this improvement, people living with HIV continue to experience considerable stresses, so promoting their holistic wellbeing is a key aspect of long-term care. This book provides an accessible introduction for healthcare professionals who work with people living with HIV. It is designed to help readers understand how care in practice can be more person-centred and psychologically focused, whilst promoting compassion, health and wellbeing. Topics covered include self-awareness, attachment theories and communication as well as key aspects of providing care for people living with HIV, such as stigma in young adults, neurocognitive issues, the sexualized use of drugs, managing neuropathic pain, and the needs of older adults living with HIV. Invaluable reading for health professionals working within multidisciplinary teams that provide care for people living with HIV, this book is also a core text for those studying in the area.